# FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

	OMB APPROVAL	
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# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * BIEDERMAN CHARLES	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 2400 Cherry Creek South	3. Date of Earliest Transaction (Month 01/05/202	5. 5.	<ul><li>✓ Director</li><li>☐ Officer (give title below)</li></ul>	<ul><li>10% Owner</li><li>Other (specify below)</li></ul>		
Apartment 508 (Street) Denver, CO 80209 (City) (State) (Zip)	4. If Amendment, Date Original Filed ( 01/09/2023	5- 5-	<ul> <li>6. Individual or Joint/Group Filing (Will be automatically set)</li> <li>Form filed by One Reporting Person</li> <li>Form filed by More than One Reporting Person</li> </ul>			

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	2. Transaction Date (Month/					ired (A) or Disposed o		5. Amount of Securities	6. Ownership	7. Nature of Indirect Beneficial Ownership
			Code	V	Amount	(A) or (D)	Price	Beneficially Owned Following Reported	Form: Direct	
Common Stock								42,454.313 <sup>(1)</sup> (2)	D	
Common Stock								61,707.996 <sup>(1)</sup> (2)	I	By spouse

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	Conversion	cise Day/Year) Da (M Year) Year)	Execution Date, if any	4. Transaction Code (Instr. 8)		Derivative Securities	Expiration Date		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security	Securities	Ownership Form of	Beneficial
			(Month/ Day/ Year)	Code	v	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date		Amount or Number of Shares	(Instr. 5) Beneficially Owned Following Reported Transaction(s (Instr. 4)	Owned Following Reported Transaction(s)	Direct (D) or Indirect	Ownership (Instr. 4)

#### **Explanation of Responses:**

- Includes shares acquired through issuer's dividend reinvestment plan. 1.
- This amendment is filed to include shares acquired through issuer's dividend reinvestment plan on January 5, 2023. 2.

#### **Remarks:**

/s/ Charles Biederman by Isaac Kalish, his attorney in fact

\*\*Signature of Reporting Person

Date

01/13/2023

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v). \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.

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